

MICHIGAN AVENUE

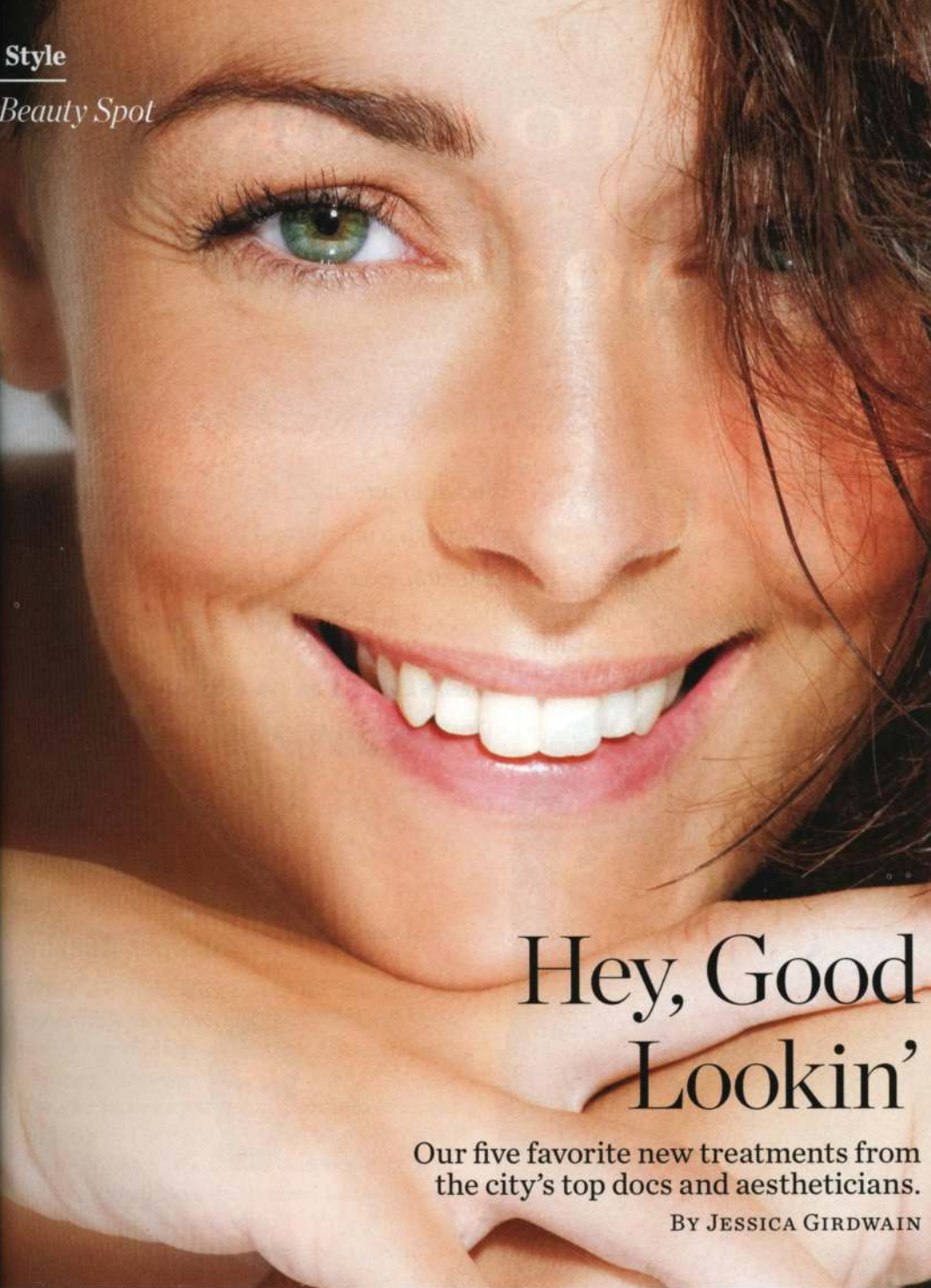
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Hey, Good Lookin'

Our five favorite new treatments from the city's top docs and aestheticians.

BY JESSICA GIRDWAIN

1 LOOK GREAT

Want the best skin of your life? Nationally recognized facial plastic surgeon Steven Dayan, MD, FACS, offers the Aesthetic Check Up (\$165), with a computer-based skin scan that analyzes your digital photo and a lifestyle questionnaire that determines your skin's real age (and how you compare with others in your age group).

Dr. Dayan then gives personalized step-by-step instructions for one-, three- and five-year plans to improve your complexion, including recommendations based on skin treatments (like facials), at-home products, diet and exercise, and Botox or laser treatments. 845 N. Michigan Ave., 312-335-2070; drdayan.com

2

LESS FILLING

For treating cavities without the tears, ORA Dental Studio features Ozone Therapy System (\$60 per tooth), a fast, non-invasive—and here's the kicker—pain-free way to address cavities and gum disease. A burst of ozone (an oxygen compound) removes bacteria and cavity-causing contaminants in a zippy 60 seconds. No injections. No drilling. No side effects. ORA Dental Studio is an eco-friendly dentistry practice with locations in the West Loop and South Loop. Two more are set to open this year; a future Gold Coast location will be Chicago's first LEED-certified dental practice. Visit oradentalstudio.com.

3 SKIN SOLUTION

Devotees call it a fantastic new alternative to microdermabrasion and laser treatments: ViPeel (\$250), a deep exfoliating peel offered at The Geldner Center, targets aging and sun-damaged skin. Fortified with Retin-A, the treatment stimulates the production of collagen, smooths out fine lines and wrinkles and reduces the appearance of age spots and scars; a cocktail of skin-benefiting vitamins and minerals makes it gentle on skin. 680 N. Lake Shore Dr., 312-981-4440; mygeldnercenter.com

4 THE IMPLANT DOC

Anyone familiar with dental implants dreads the oft-painful procedure that typically spans several appointments. But on the menu at Petrunaro Aesthetic Periodontics & Implantology is a minimally invasive, incision-free, immediate tooth replacement (\$2,500–\$5,000 depending on treatment area) from Paul Petrunaro, DDS, FACS, widely regarded as a pioneer of dental implants. One tooth takes about 45 minutes (no follow-up appointments needed) and causes no swelling or bleeding—and, yes, you can even eat afterward. 30 N. Michigan Ave., 312-236-8520; petrunaro.com

5 BOOST BRIGHTNESS

Mario Tricoci's Instant Radiance Peel (\$60) is a complexion-clearing blend of salicylic acid (the gold standard for cleaning pores and controlling oil production) and almond-derived mandelic acid to prevent irritation. The peel, gentle enough for all skin types, leaves complexions appearing cleaner, smoother, tighter—and absolutely glowing. 900 N. Michigan Ave., 847-202-1900; tricoci.com